



# Reaching the Unreached Tanzania (RUT)

## Current Programmes

### Who We Are!

Reaching the Unreached Tanzania (RUT) is a national voluntary based non-governmental organization (NGO) established in 2016 by a group of public health specialists and got full registration in 2018 with Legal Status/Registration number 00NGO/00009674 under Tanzania Non-Governmental Organization Act 2002.

Since its establishment RUT has been extensively focusing in addressing women and girls' issues particularly those related to health and education including but not limited to Sexual and Reproductive Health, Gender Based Violence (GBV), HIV/AIDS, Nutrition, Water, Sanitation and Hygiene and Chronic and Non-Communicable Diseases (NCDs).

RUT's projects respond to national health priorities and sustainable development goals in addressing the needs of women and young girls/children. We undertake our projects through 3 approaches:

**Community System Strengthening:** Building capacity of community and health systems to take responsibility and demand accountability, providing technical and financial support to community own initiatives to advance women and young girls' health.

**Research, Policy Monitoring and Advocacy:** Undertake media advocacy, policy analysis, budget analysis, expenditure analysis, public health service monitoring and linking local advocacy to national advocacy to advance women and young girls' conditions.

**Humanitarian support:** Dealing extensively with humanitarian affairs in the form of material, psychosocial and legal support to women and young girls in need particularly those living in extreme poverty and victims of abuse.

### Vision:

*A healthy society free from diseases and injustices; and well protected women and young girls.*

### Mission:

*To support the community in attaining better health, fight against gender and children violence through community – based programs and interventions.*

### Main Programmes

#### Sexual and Reproductive Health Rights for Adolescent Girls and Young Women Programme (SRHRAGYW)

This is a programme aiming at eliminating HIV infections and improving adolescent girls and young women's health by increasing access to comprehensive sexual and reproductive health services.

The programme targets vulnerable adolescent girls and young women in and out of school to communicate comprehensive sexual and reproductive knowledge. The programme also reaches parents and guardians and impart them with communication skills to their children and appropriate messages related to sexuality and reproductive health.

Main project activities includes but not limited to awareness raising on issues related to sexual and reproductive health and its associated complications, conducting HIV counseling, safe space group discussions with in-school and out-of-school adolescent girls on sexual and reproductive health, and hotline Counseling.

#### Ending Child Marriage/ Back to School Programme (ECM)

This programme is set to address child marriage through education as evidence shows that keeping girls at school is one of the best approach to end child marriage.

With no doubt through addressing child marriage the project will be directly contributing to address a number of interrelated issues including Early Pregnancy, Gender Based Violence (GBV), Maternal and Child Health, and HIV/AIDS.

The project deploys a set of evidence – based strategies to prevent child marriage and pregnancy including: Girls empowerment, Access to high quality education, Advocacy for supportive by laws, laws and policies, Mobilizing families and communities, Engaging men and boys and Safe space for girls lacking chance for education.

## Women Empowerment Programme (WEP)

Is a programme aiming at improving democratic processes that better reflect women and young girls' rights in Dodoma region. The programme works to ensuring responsive, inclusive, participatory engagement of marginalized women and girls in every level and sphere of life including social and political.

The programme focuses on: (1) Increasing Awareness to women and girls, men and boys to recognize GBV as a violation of women's rights by raising awareness on policies and laws that protect women. (2) To facilitate Promotion and protection of human rights for women and girls by improving access to legal services. (3) Ensure equal participation of women and men in political life.

The programme expects to address a number of major obstacles towards women's empowerment and protection and ensuring greater participation in social, economic and political affairs.

## Community Nutrition Programme (CNP)

This programme aiming at improving health and nutrition status of women and children in Dodoma Region. The programme main activities includes community outreach to identify vulnerable children especially Severe Acute Malnutrition (SAM) and refer them to health facilities, provision of nutrition education to the RCH clinics, door to door visit to provide nutrition counseling to pregnant women and lactating mothers, education on hygiene, facilitation of home gardening, conducting training on health and nutrition knowledge and attitude test to school children, parents and guardians and taking anthropometric measurement and hemoglobin to children.

In line with the National Multisectoral Nutrition Action Plan 2016-2021, the programme aims to contribute to reducing maternal and child mortality.

### Contact:

**Reaching the Unreached Tanzania (RUT), Iringa Road, Image Street – Kikuyu**

**Block C, Plot no. 6**

**P.O. Box 1230 Dodoma – Tanzania, Phone: +255 682 431 290, Email: [info@rut-](mailto:info@rut-tz.org)**

**[tz.org](http://rut-tz.org) , Web: [www.rut-tz.org](http://www.rut-tz.org)**